

**NOMINATION FOR  
Chapter Mid-Career Service Recognition  
Epsilon Sigma Phi, Alpha Zeta Chapter – Texas**



**Nominee's Name:** Dr. Sonja Stueart-Davis  
**Title:** County Extension Agent – Family & Consumer Sciences  
**Address:** 3033 Bear Creek Drive  
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**Year Initiated into ESP:** 2000

**Position and Dates of Extension Employment:**

2012 County Extension Agent – Family & Consumer Sciences  
 2009 County Extension Agent- 4-H & Youth Development  
 2002 Program Specialist (CEP) 4-H & Youth Development  
 1997 Extension Agent (CEP) 4-H & Youth Development

**Education:**

2011 Doctor of Education, Texas A&M University & Texas Tech University Agricultural Education  
 1996 Master of Science, Prairie View A&M University, Human Sciences  
 1994 Bachelor of Science, Prairie View A&M University, Home Economics

**Outstanding Professional Accomplishments:**

2012 Texas A&M AgriLife Extension Superior Service Award – County Extension Agent  
 2012 Epsilon Sigma Phi Diversity Award-Individual  
 2011-12 A Descriptive Study of the Two Texas Extension Programs: Agents' Perceptions, Understanding and Recommendations for Strengthening the Partnership-Dissertation and Presentation to Administration  
 2009 LEAD21 National Extension Leadership Program Graduate  
 2007 Cooperative Extension Program – PVAMU Innovative Program Delivery Award  
 2005 San Antonio Leadership Extension-Leadership Extension Graduate  
 2003 1890 Association of Extension Administrators - Innovative Program Team Award  
 2001 Texas A&M University Systems-Vice Chancellor's Award in Excellence  
 2001 Cooperative Extension Program-PVAMU- Distinguished Service Team Award  
 2001 Texas 4-H BEST Graduate  
 1998 Cooperative Extension Program Distinguished Service-Early Career

**Committees/Presentations:**

2013	R	Texas Environmental Health Asso.	Food Cottage Law Presentation
2012-2013	D	Texas Extension Assoc. of FCS	Committee Member, Awards Comm. Rep.
2012	C	Child Care Conference	Committee Member
2011-2014	D	Share-the Fun Contest	Committee Member, Chair
2012	C & D	Photography	Co-Chair
2011-2012	D	Horse Show & Judging Contest	Committee Member
2011-2012	D	TAE4HA Diversity Committee	Chair, Member
2011-2012	D	Rifle, Air Rifle and Pistol	Committee Member, Scorer
2011-2012	D	Leader College	Committee Member
2011	D	Junior Leadership Lab	Committee Member, Presenter
2011	D	Leadership Institute	Committee Member, Presenter
2010-2012	C & D	Ambassador Program	Advisor, Interviewer for Waller Co.
2010-2012	C& D	Star Award	Coord., Interviewer in Ft. Bend and Waller
2009-2013	C & D	Food Show	Committee Member, Judge
2009-2012	C & D	Record Book	Coordinator, Judge
2002-2009	S	Career Awareness & Youth Lab	Committee Member/ Presenter

2002-2009	S	H. S. Estelle 4-H & Youth Camp	Asst. Camp Director/Director
2007-2009	S	H. S. Estelle 4-H & Youth Camp	Camp Director
2007-2009	S	Texas Extension Spirit Committee	Member
2007	S	Spirit Committee	Committee Member
2006	S	4-H Scholarship Committee	Judge/Interviewer
2006	S	Professional Development Trust	Committee Member
2006	S	Extension Excellence Team	Committee Member

### **Outstanding Programmatic Accomplishments:**

#### *External Funding*

2013 \$500 grant from the City of Houston to support the Master Wellness Volunteer Program.  
 2012-13 \$5000 Program Excellence Grant from Texas A&M AgriLife Extension Service  
 2012-13 \$10,000 grant from Texas Department of Agriculture to establish 4-H clubs in 4 HISD elementary schools.  
 2010 \$2000 OrganWise Program Grant for Reynolds Elementary School  
 2011 \$4000 United HealthCare Grant, authored by Courtney Dodd, implemented by Sonja Davis  
 2010 \$500 worth of fabric donated from High Fabrics to support the 4-H Clothing & Textiles  
 2010 \$2000 from Texas Dept. of Ag. for Reynolds Elem. School 4-H club horticulture and FCS projects.  
 2010 \$888 from Texas AgriLife Extension Service for Cancer Prevention  
 2008-09 \$28, 800 Texas Parks and Wildlife Grant to support 4-H programs in Harris, Waller, Grimes and Bowie Co.  
 2004-05 \$30,000 Texas Parks and Wildlife Grant to support 4-H programs in Harris County.  
 1997-01 \$400,000 Houston Enhanced Empowerment Zone Grant (Coordinator).

#### **Other**

**2013 *Pink Friday Dinner Tonight Healthy Cooking School***-recruited volunteers, planned, marketed, implemented and evaluated the school that educated women on breast cancer awareness, healthy meal planning and preparation for their families and the importance of physical activity.

**2013 *Master Wellness Volunteer Program***-recruited volunteers, planned, marketed, secured funding and implemented the program. 16 volunteers completed the program and have completed over 500 hours of community service in Harris County.

**2012-2013 *Urban Ag: From the Farm to the City Project***- Coordinated the grant that targeted 4 Houston ISD elementary schools that increased 4-H enrollment, and exposed over 400 4<sup>th</sup> graders to agriculture and how it impacts the lives daily. Students participated in Egg to Chick, horticulture, food and nutrition projects and attended an Agricultural Awareness Day.

**2012 *TAE4HA 4-H Display*** developed a display that exhibited the diverse District 9 4-H programs.

**2012 *Texas Grow, Eat, Go Project*** – Member of the Harris County program implementation team. 3<sup>rd</sup> graders from 4 Klein ISD Title 1 schools participated in the project that encouraged healthy lifestyles through school gardens, educational food demonstrations and completion of the Walk Across Texas School Program.

**2011 *Passport to the Kitchen: Clover Chef Camp*** -provided youth with cooking classes to teach them to prepare and select healthier meals and snacks. MyPyramid, serving sizes, kitchen & food safety, reading food labels, modifying recipes, etiquette and nutrient facts topics were taught. Participants participated in a Food Challenge.

**2010 *Disaster Ambassador Preparedness Program (DAPP)*** partnered with the City of Houston Health and Human Services, Houston ISD, scouts and local parks to recruit, plan, implement and evaluate the Disaster Ambassador Preparedness Program (DAPP). Teachers trained 3<sup>rd</sup> graders to become Ambassadors, by teaching the fundamental concepts of preparedness to their families. Over 4000 students became Ambassadors in Harris County.

**2010-2013 *Wearing Our Crowns Proudly Leadership Conference & Empowerment Series***: planned, recruited, secured funding and implemented/evaluated the program for girls and their mothers. The program empowered girls to make healthy life choices and taught communication skills that fostered healthy mother-daughter relationships.

**2007 *South Region 4-H University*** – conducted a diversity presentation for agents to evaluate personal biases.

#### **Support Statement (approximately 75 words):**

Dr. Sonja Davis has been a member of Texas Extension for sixteen years. She served as agent and Specialist with the Cooperative Extension Program for 12 years and Texas A&M AgriLife Extension Service for 4 years. She is passionate about helping individuals and families improve their quality of life by delivering quality educational programs. Dr. Davis embraces challenges and learning new things, because they allow for growth in a profession that she values and respects.