



**NOMINATION FOR
Chapter Diversity Recognition Individual
Epsilon Sigma Phi, Alpha Zeta Chapter – Texas**

Nominee’s Name: Fralonda W. Anderson
Title: Extension Agent (CEP) Family & Consumer Sciences
Work Address: 1402 Band Rd
City, State, Zip: Rosenberg, TX 77471
Telephone: 281-342-3034
E-mail: fwanderson@ag.tamu.edu
 Member of Epsilon Sigma Phi: 2009

Position and Dates of Extension Employment:

October 2009 – Present Extension Agent (CEP) FCS Rosenberg, TX

Education:

May 2011 **Master of Science – Human Service and Consumer Sciences**
 Texas Southern University, Houston, TX

December 2008 **Bachelor of Science – Dietetics**
 Prairie View A&M University, Prairie View, TX

Outstanding Professional Accomplishments:

- 2013 Recipient of the TEAFCS School Wellness Award
- 2012 Cooperative Extension Program Distinguished Service Award – Team Award Category
- 2012 The Oddis Turner Academic Award- Highest GPA Achievement at the Graduate Level
- 2010 Certificate of Completion- Navigating for Success
- 2010 Certificate of Completion – Program Excellence Academy I & II

Committees

2013	D	Texas Extension Association of FCS Agents	Chair
2009	R	Tri-County Child Care Conference Steering Committee	Member
2009-Present	C	Fort Bend Connect	Member
2009-2010	C	MAPPS Inter for Communities Putting Prevention to Work	Member
2009-Present	C	Ft. Bend County ISD – Parent Resource Coordinators	Member
2009-Present	C	CEP Task Force	Advisor
2009-2013	D	4-H Record Book	Judge
2009-2013	C&D	Food and Nutrition Projects (Food Show & Food Challenge	Judge
2009-Present	C	Financial Resources Management Task Force	Member

Outstanding Program Accomplishments:

External Funding

- 2012-2013 \$5,000 Program Excellence Grant from Texas A&M AgriLife Extension Service
- 2012-2013 \$30,000 grant from 4-H/United Health Care Partnership Eat 4- Health

Workshops

2013 National Recreation and Park Association Congress and Exposition Presenter: Session Title- Utilizing County Extension Programs: A Community Partnership

2013 Texas Southern University- Introduction to Human Services and Consumer Sciences: Session Title- Program Development within Extension Services

2013 Prairie View A&M University, Cooperative Extension Program Youth Laboratory: Session Title: Training and Facilitating Nutrition Sessions on Eating a Healthy Breakfast

2012 MD Anderson Cancer Center, Community Partnerships for Health Conference Panelist Speaker: Interpretation of Cooperative Extension Program & MD Anderson Cancer Center Collaboration on Food Safety Education

Other

- Implemented and evaluated a Dinner Tonight Healthy Cooking School in Ft. Bend County
- Recruited, implemented and evaluated the Master Wellness Volunteer Program in Ft. Bend
- Co-Developed, Implemented and evaluated the Wearing Our Crowns Proudly Empowerment Series in Fort Bend County
- Implemented and evaluated the Diabetes Education Awareness Prevention Program
- Implemented and evaluated the “Not Cool to be Cruel: Anti-Bullying Program
- Implemented and evaluated the Community Nutrition Education Series
- Implemented and evaluated the Live It: Real Life Nutrition for Teens
- Developed, implemented, and evaluated the Eat 4-Health Campaign
- Texas Extension Association of Family & Consumer Sciences Annual Meeting (2010 & 2013)

Media/News Releases

- 2013 Fort Bend County Family and Consumer Science Blog (fortbendfcs.blogspot.com)
- 2012 Never Leave Your Child Alone in the Car (Published in 5 Fort Bend County News Paper & Online News Publications)
- 2012 CEP and Juan Seguin Elementary School – Fishing Day – printed in the Fort Bend Herald
- 2012 CEP and YMCA offer Camp Cloud – printed in the Ft. Bend Herald
- 2012 MyPlate Facts YouTube Video filmed for Missouri City HEB Community Challenge
- 2011 Healthy Family Affair – Health Fair and Appearance on Great Day Houston with host, Debra Duncan
- 2011 Fort Bend County Cooperative Extension Program, Family and Consumer Sciences YouTube Video (<http://www.youtube.com/watch?v=Phmo073kAfg>)
- 2010 Combating Diabetes Printed in the Fort Bend Herald

Support Statement

Fralonda is passionate about helping youth and families. She enjoys teaching and inspiring others to live healthier lives as demonstrated in her programming efforts. She is resourceful and continues to challenge herself to develop personally and professionally. She believes in meeting individuals where they are (literally) and does so by meeting parents at their child’s football practice field, grocery stores and other places to conduct Extension educational programs.