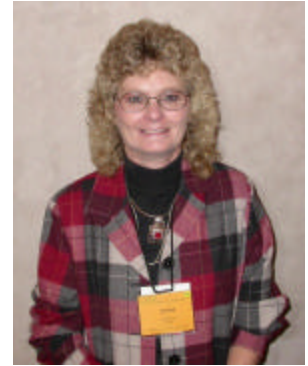


Regional Distinguished Service Recognition
Nominated by Alpha Zeta Chapter
Sandra Kay Fry, MS
County Extension Agent-Family and Consumer Sciences
Texas Cooperative Extension - Fort Bend County
1402 Band Road
Rosenberg, TX 77471
sk-fry@tamu.edu



EDUCATION:

MS (General Home Economics), Indiana State University, Terre Haute, IN, 1980
BS (Vocational Home Economics), Indiana State University, Terre Haute, IN, 1975
Certified Texas Cooperative Extension Mentor, 2005
Certified Food Protection Management program instructor, Texas Department of State Health Services, 2005
Certificate in Public Administration, Florida Atlantic University, Palm Beach Gardens, FL 1997
Certified Family and Consumer Sciences, American Association of Family and Consumer Sciences, 1984

PROFESSIONAL APPOINTMENTS:

County Extension Agent – Family and Consumer Sciences, Texas Cooperative Extension, Fort Bend County (Rosenberg, TX), November 1, 2004 – present
County Extension Agent – Family and Consumer Sciences, Texas Cooperative Extension, Brazoria County (Angleton, TX), July 15, 2001 – October 31, 2004
County Extension Agent – Home Economics, New Mexico State University Cooperative Extension Service, Eddy County, (Carlsbad, NM), June 1, 1998 – July 12, 2001
County Extension Agent – 4-H, Institute of Food and Agricultural Sciences, University of Florida, Florida Cooperative Extension, Palm Beach County (West Palm Beach, FL), January 1994- May 1998
County Extension Agent – Family and Consumer Sciences, Institute of Food and Agricultural Sciences, University of Florida, Florida Cooperative Extension, St. Lucie County (Fort Pierce, FL), 1993
County Extension Agent – Family and Consumer Sciences/4-H, Institute of Food and Agricultural Sciences, University of Florida, Florida Cooperative Extension, Okeechobee County (Okeechobee, FL), 1987-1993
County Extension Agent – Home Economics, Purdue Cooperative Extension, Ripley County (Versailles, IN), January 1983-June 1987
Graduate Assistant – Department of Home Economics, Indiana State University, (Terre Haute, IN), 1979-80

PROFESSIONAL ACCOMPLISHMENTS:

Organizational Involvement:

American Association of Family and Consumer Sciences (since 1981); Texas, New Mexico, Florida, Indiana affiliates
National Extension Association of Family and Consumer Sciences (since 1983); Texas, New Mexico, Florida, Indiana affiliates
National Association of Extension 4-H Agents (1987-2001); New Mexico, Florida, Indiana affiliates
Phi Upsilon Omicron (since 1980)
Houston Association of Family and Consumer Sciences (2005)
Epsilon Sigma Phi (since 2003)

Awards and Honors:

2005 Early Child Care Training Award – Team, Texas Extension Association of Family and Consumer Sciences
Distinguished Service – Alpha Zeta Chapter
2004 Continued Excellence – Texas Extension Association of Family and Consumer Sciences
Cultural Diversity – Texas Extension Association of Family and Consumer Sciences
2003 Distinguished Service – Texas Extension Association of Family and Consumer Sciences; National Association of Family and Consumer Sciences
Communications – Television, Texas Extension Association of Family and Consumer Sciences
2002 Communications – Overhead Transparencies, Texas Extension Association of Family and Consumer Sciences
Communications – Curriculum Package, Texas Extension Association of Family and Consumer Sciences

Communications – Educational Brochure, Texas Extension Association of Family and Consumer Sciences
2001 Distinguished Service Award, New Mexico Association of Extension 4-H Agents
Distinguished Service Award, National Extension Association of 4-H Agents
1998 Sew Busy, Florida Association of Extension Family and Consumer Sciences, Packaged Program I Award.
1997 Power of Electricity, Joint Council of Extension Professionals Award (curriculum development).
1996 Flutter Byes, Florida Association of Extension 4-H Agents, Literature Award (team).
1995 Treasure Coast Environmental In-Service, Florida Association of Extension 4-H Agents, Search for Program Excellence Award (team).
Treasure Coast Environmental In-Service, Florida Association of Extension 4-H Agents, Communicator Award, Educational Video Program (team).
1994 Florida Association of Extension 4-H Agents, Achievement in Service Award.
National Association of Extension 4-H Agents, Achievement in Service Award.
1992 Epsilon Sigma Phi team award by Alpha Delta Florida Chapter– **Clothing Encounters 4-H Camp**.
H2O Encounter Day Camp, Florida Assoc. of Extension 4-H Agents, Search for Program of Excellence Award.
Clothing Encounters 4-H Camp, Florida Assoc. of Extension Home Economists, Florence Hall Award (team).
1991 Clothing Encounters 4-H Camp, Florida Association of Extension 4-H Agents, Search for Program of Excellence Award (team).
Clothing Encounters 4-H Camp, Florida Assoc. of Extension Home Economists, Program of Excellence Award (team).

PROGRAM ACCOMPLISHMENTS:

Texas Cooperative Extension:

Walk Across Texas (Fort Bend County) – 507 participants. The average age of participants was 39.9 years. The net present value per female is \$49,391.00; the total net present value for health care costs savings for females is \$4,235,151.00; total net present value for wages lost is \$210,103.00 which equals a total net present value for females of \$4,445,254.00. The net present value per male is \$44,718.00; the total net present value for health care costs savings for males is \$1,046,381.00; the total net present value for wages lost is \$117,681.00 all of which total a net present value for males at \$1,164,063.00. Total economic impact is \$5,609,318.00.

Walk Across Texas (Brazoria County) - 256 participants. The average age of the participants was 38.66. The estimated economic impact health cost savings for 2003 is \$332,470.00. The long run economic impact (Net Present Value -NPV) is \$2,917,942.00. Net present value reflects the value of the future health care cost savings and reduction in lost wages from age 51 through 65 and for lost wages through life expectancy for health care costs. Results of pre and post screenings provided by Angleton Danbury Medical Center were provided to participating individuals and showed a 7% reduction in body fat composition and 20% reduction in total cholesterol.

District 9 Child Care Conference - annual conference conducted by agents in 18 county district. Average registration of 300 participants.

Tri-County Child Care Conference - annual conference conducted by Fort Bend, Wharton, Matagorda County agents partnering with Wharton County Junior College. Average registration of 175 participants.

New Mexico Cooperative Extension:

Risky Business - youth leadership training. Includes ropes course & youth involvement in community development.

Job Market Savvy, Getting the Job You Want and Keeping It! - designed for people in transition from welfare to work, divorce, widowhood, who suddenly find themselves seeking employment with little or no skills.

Florida Cooperative Extension

Clothing Encounters, first state coordinator for the state 4-H residential clothing camp.

H2O Encounter, five day summer day camp presented four times throughout the summer.

State curriculum development: “Power of Electricity”; “Earth Connections”

Purdue Extension Service:

Clothing teaching responsibilities for 10 county area.

SUMMARY STATEMENT OF SUPPORT:

Sandra Fry has provided leadership for Family and Consumer Sciences and 4-H programming in Texas, New Mexico, Florida and Indiana. Programming includes both rural and urban experience that has led to exceptional programming in a county that has recently emerged as an urban county, but retains a strong rural heritage. She currently serves as the state president for Alpha Zeta Chapter and has provided leadership to other professional organizations.